

GAME ON!

PARK AND RECREATION MONTH - JULY 2019

Why not Try It? Try out a class on the first day of the session. If you like it, sign up for the rest of the session.

TRY IT!

To find out more, visit bit.ly/SVTryIt

Note: Enrollment is subject to availability.

**Parks
Make
Life
Better!**

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Greenfields
Outdoor Fitness
Promoting Wellness & Fighting Obesity One Community at a Time.

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	<p>1 \$14-\$17</p> <p>Open Painting Studio (Ages 18+) 9 a.m.-12 p.m. Creative Arts Center Paint Room</p>	<p>2 FREE</p> <p>Morning Music Peter Apel (Ages 2-3) 11 a.m. Sunnyvale Public Library Program Room</p>	<p>3 TRY IT!</p> <p>Yoga Lite (Hatha) (Ages 18+) 8:30-10 a.m. Recreation Center Community Room</p>	<p>4 \$3-\$5</p> <p>Recreation Swim (All Ages) 1:30-4 p.m. Sunnyvale Middle School Pool</p>	<p>5 \$1-\$5</p> <p>Recreation Swim (All Ages) 2:30-4 p.m. Columbia Middle School Pool</p>	<p>6 TRY IT!</p> <p>Yoga Lite Parent & Child (Ages 5+) 8:30-9:25 a.m. Recreation Center Community Room</p>	
<p>7 \$1-\$5</p> <p>Recreation Swim (All Ages) 1:30-4 p.m. Washington Pool</p>	<p>8 TRY IT!</p> <p>Xtrim Bollywood (Ages 18+) 6:15-7:15 p.m. Sunnyvale Theatre Dance Studio</p>	<p>9 TRY IT!</p> <p>Abs Arabia Style (Ages 16+) 7:30-8:30 p.m. Sunnyvale Theatre Dance Studio</p>	<p>10 TRY IT!</p> <p>Kick & Play (Ages 1-2) 9-9:40 a.m. Serra Park</p>	<p>11 FREE</p> <p>Summer StoryWalk® (All Ages) 4:30-6:30 p.m. Lakewood Park</p>	<p>12 \$0.50-\$1</p> <p>Youth Basketball Drop-In Gym (Ages 11-18) 7-10 p.m. Columbia Neighborhood Center</p>	<p>13 \$3-\$5</p> <p>Coco (All Ages, Rated PG) 7:30-10 p.m. Movie Night at Columbia Middle School Pool</p>	
<p>14 TRY IT!</p> <p>Bombay Jam (Ages 18+) 9-10 a.m. Sunnyvale Theatre Dance Studio</p>	<p>15 \$2-\$3</p> <p>U-Jam Fitness (Ages 10+) 6-7 p.m. Columbia Middle School Multipurpose Room</p>	<p>16 \$3-\$5</p> <p>Recreation Swim (All Ages) 2-4 p.m. Sunnyvale Middle School Pool</p>	<p>17 FREE</p> <p>Bubblesmith Sterling Johnson (All Ages) 7 p.m. Family Night at Washington Park</p>	<p>18 FREE</p> <p>Sunnyvale Public Safety Officer & K9 (Ages 6+) 2 p.m. Sunnyvale Public Library</p>	<p>19 TRY IT!</p> <p>Hula (Ages 18+) 1-2 p.m. Sunnyvale Theatre Dance Studio</p>	<p>20 \$14-\$17</p> <p>Open Pottery Studio (Ages 16+) 9:30 a.m.-3:30 p.m. Creative Arts Center Pottery Studio</p>	
<p>21 \$3-\$5</p> <p>Recreation Swim (All Ages) 1:30-4 p.m. Washington Pool</p>	<p>22 FREE</p> <p>Little Messy Art (Ages 3-5) 3 p.m. Little Messy Art at Sunnyvale Public Library</p>	<p>23 TRY IT!</p> <p>Enhanced Fitness (Ages 50+) 11:45 a.m.-12:45 p.m. Senior Center Apricot Room</p>	<p>24 FREE</p> <p>Magician Dante Mancini (All Ages) 7 p.m. Family Night at Columbia Park</p>	<p>25 \$1-\$5</p> <p>Recreation Swim (All Ages) 2:30-4 p.m. Columbia Middle School Pool</p>	<p>26 FREE</p> <p>Incredibles 2 (All Ages, Rated PG) 7:45-10:15 p.m. Sunset Movie Series at Columbia Park</p>	<p>27 \$3-\$5</p> <p>Recreation Swim (All Ages) 1:30-4 p.m. Washington Pool</p>	
<p>28 \$1-\$5</p> <p>Recreation Swim (All Ages) 1:30-4 p.m. Washington Pool</p>	<p>29 TRY IT!</p> <p>Zumba Gold (Ages 50+) 4:30-5:30 p.m. Recreation Center Ballroom</p>	<p>30 FREE</p> <p>Morning Music Steven Slater (Ages 2-3) 11 a.m. Sunnyvale Public Library Program Room</p>	<p>31 FREE</p> <p>Adventure Theater Kenn Adams (All Ages) 7 p.m. Family Night at Columbia Park</p>	<h1>JULY 2019</h1>			